



Meals That Heal: How it Works

PROGRAM DETAILS

Participation Guidelines

- The ideal group size to prepare and serve a meal is 6-8 volunteers, although we welcome groups from 4 to 12 people. We will not be able to accommodate any additional helpers.
- All volunteers must be completely illness/symptom free (cold, flu, fever, stomach virus, etc.)
- Volunteers must wear gloves, closed toe shoes, long pants; and long hair must be tied up.
- All members of the cooking group must wear an apron. (provided by RMHD)
- Children under 15 are not permitted in the kitchen.



Payment

Each group who participates in our Meals That Heal program makes a tax-deductible donation to our House to help provide the meal and support the program. The donation amounts are as follows:

		
Breakfast	Lunch	Dinner
\$250	\$350	\$450

Payment for all Meals That Heal meals can be made via credit card or electronic check only.

An email with your tax receipt for the full amount of your meal donation will be mailed to the individual or corporation on the credit card/electronic checking account used to reserve the meal.

Cancellation Policy

To cancel a reservation more than 2 weeks prior to your booked meal, please contact us. If you must cancel within one week of your meal, we will be unable to refund your donation. Our staff and House volunteers will make sure your gift still provides a warm meal for healing children and weary parents on the scheduled meal date and time.

Please note that we are unable to provide refunds once you have completed your donation.

DAY-OF-EXPERIENCE

For the safety of our guest families, please stay home if there is a chance you might be sick. As many of our children have suppressed immune systems, all volunteers should be healthy and free of any flu-like symptoms, fever or exposure to any infectious disease.

Please wear closed-toe shoes with rubber soles. We also ask that long hair be pulled back. We will also provide gloves.

After serving our families, all volunteers are welcome to sit down and enjoy the meal they have prepared.

Expect to be with us for four hours. This includes food prep, serving, eating and clean-up. The specific meal times are listed below.



BREAKFAST

Monday - Friday

Serving time: 7:00 am

Time commitment:
5:00 am - 9:00 am

Saturday and Sunday

Serving time: 8:00 am

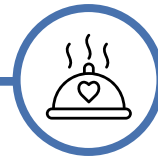
Time commitment:
6:00 am - 10:00 am



LUNCH

Serving time: 12:00 pm

Time commitment:
10:00 am - 2:00 pm



DINNER

Serving time: 5:30 pm

Time commitment:
3:30 pm - 7:30 pm

